

Pos	Bib	Firstname	Lastname	Category	Club	Race	Finish	Chiptime
1	2958	David	McKee	MO	Mourne Runners	10K	00:36:06	00:36:05
2	2643	Timothy	Johnston	MO	Mourne Runners	10K	00:36:12	00:36:11
3	2692	Aaron	Woodman	M30	Pace	10K	00:36:39	00:36:38
4	2812	Domhnall	Murphy	M35		10K	00:38:33	00:38:32
5	2264	Oliver	Cook	MO	PACE Running Club	10K	00:38:35	00:38:32
6	2230	Aidan	Brown	M35	Newcastle	10K	00:38:50	00:38:50
7	2944	Marty	Rea	M40		10K	00:38:55	00:38:54
8	2391	Colin	Drain	M40	Beechmount Harriers	10K	00:39:02	00:39:00
9	2224	Jamie	Brannigan	MO		10K	00:39:16	00:39:13
10	2330	Oistin	McAteer	MO	Blood sweat & tears	10K	00:39:29	00:39:28
11	2950	Cathy	McCourt	F45		10K	00:39:38	00:39:37
12	2677	David	Losty	M45	Invictus Triathlon Club	10K	00:39:47	00:39:46
13	2635	Philip	Hunter	M40		10K	00:39:53	00:39:50
14	2592	David	Graham	M45		10K	00:39:59	00:39:55
15	2792	Ashley	Middlewick	MO	Reading Roadrunners	10K	00:40:34	00:40:30
16	2576	Michael Andrew	Stewart	M45	DROMORE AC	10K	00:40:37	00:40:36
17	2933	Ross	Wilcox	M40	PACE Running Club	10K	00:40:39	00:40:33
18	2721	Gavin	McCaffrey	MO	BAAC	10K	00:40:56	00:40:53
19	2973	Aidan	O'Neill	M50	Run-Anon	10K	00:41:06	00:41:03
20	2660	Ian	Keys	MO	Lagan Valley AC	10K	00:41:35	00:41:31
21	2325	martin	lundy	M55		10K	00:42:01	00:41:56
22	2720	Vincent	McCaffrey	M50	Pace Running Club	10K	00:42:12	00:42:08
23	2281	Stephen	Austin	M45		10K	00:42:16	00:42:16
24	2223	James	Brannigan	M40		10K	00:42:21	00:42:18
25	2569	Laurence	Farrington	MO	North East Runners	10K	00:42:21	00:42:17
26	2667	Gillian	Burns	F45	Dromare AC	10K	00:42:29	00:42:25
27	2875	jim	simons	M40	Dub runners belfast	10K	00:42:31	00:42:20
28	2648	James	Keane	MO		10K	00:42:44	00:42:44
29	2923	Keith	Wallace	MO	Fitness Factory Lurgan	10K	00:42:50	00:42:33
30	2972	Steven	Addy	M35	Penensula	10K	00:42:50	00:42:40
31	2565	Michael	Faloon	M40		10K	00:43:05	00:43:04
32	2835	Gareth	Owens	M35		10K	00:43:05	00:42:57
33	2885	Barry	Spence	M40		10K	00:43:22	00:42:46
34	2948	Gerry	O'Connell	M55		10K	00:43:23	00:43:20
35	2340	Stephen	Mezza	M40		10K	00:43:24	00:43:18
36	2750	Jimmy	McFadden	M50	Team Runwell	10K	00:43:26	00:43:23
37	2699	Robbie	Marsh	M40	Newry City Runners	10K	00:43:34	00:43:30
38	2241	Reggie	Campbell	M60	Emil jumbo	10K	00:43:35	00:43:32
39	2943	Gerard	McNamara	M40		10K	00:43:47	00:43:41
40	2632	Shane	King	M40	Newcastle AC	10K	00:43:52	00:43:51
41	2949	Neil	Campbell	MO	Dromare AC	10K	00:44:01	00:43:58
42	2380	Brian	Derby	M55	Dub Runners	10K	00:44:04	00:43:59
43	2722	Peter	McCambridge	MO		10K	00:44:06	00:43:57
44	2617	Bethany	Haugh	FO	Mourne Runners	10K	00:44:12	00:44:10
45	2768	Dean	McKeown	MO		10K	00:44:13	00:43:57
46	2931	Damian	Wharton	M45		10K	00:44:18	00:43:48
47	2955	Paul	McGirr	M35		10K	00:44:31	00:44:28
48	2830	hugh	oram	M40	Murlough AC	10K	00:44:33	00:44:26
49	2841	Johnny	Phatbouy	M35	Pace	10K	00:44:39	00:44:31

50	2292	Brendan	Connolly	M60		10K	00:45:02	00:44:59
51	2801	Derek	Moorhead	M50	none	10K	00:45:03	00:44:59
52	2874	Mark	Simmons	MO		10K	00:45:51	00:45:33
53	2591	Joanne	Graham	F35	Mourne Runners	10K	00:45:53	00:45:47
54	2856	Catherine	Roberts	F40	North Down AC	10K	00:45:56	00:45:53
55	2659	Andrew	Kennedy	M40	Lisburn tri club	10K	00:46:01	00:45:31
56	2396	Stephen	Dunn	M45	St peters	10K	00:46:04	00:45:53
57	2368	Damien	Cunningham	M50	Mourne runners	10K	00:46:05	00:45:55
58	2965	Eamonn	Mallon	M50		10K	00:46:21	00:46:16
59	2247	Norman	Campbell	M60	Dromore AC	10K	00:46:29	00:46:26
60	2826	Colm	O'Hare	M35		10K	00:46:31	00:46:25
61	2614	Michael	Harper	M50		10K	00:46:44	00:46:41
62	2798	Patrick	Moore	M50	RunFit	10K	00:46:44	00:46:41
63	2752	Aidan	McGowan	M40		10K	00:46:45	00:46:38
64	2583	Robin	Gillespie	M45		10K	00:46:46	00:46:30
65	2763	Josh	McKee	MO	Ballydrain Harriers	10K	00:46:46	00:46:42
66	2967	Ian	Montaomery	M55		10K	00:46:51	00:46:44
67	2820	Andrew	Noble	MO	DUB Runners	10K	00:47:02	00:46:27
68	2843	Helen	Pool	F40	Reading Roadrunners	10K	00:47:02	00:46:58
69	2198	Gennadijs	Afanasjevs	M35		10K	00:47:03	00:46:50
70	2678	Phelim	Lundy	M50		10K	00:47:03	00:46:54
71	2855	Andrew	Rivers	M45		10K	00:47:05	00:46:43
72	2650	Chris	Kearney	M40		10K	00:47:06	00:47:04
73	2372	Simon	Curtis	MO		10K	00:47:07	00:46:23
74	2851	David	Tompson	M40		10K	00:47:21	00:46:59
75	2770	Michael	McKeown	M50	East Down AC	10K	00:47:25	00:47:18
76	2240	DANIEL	CAMPBELL	M45		10K	00:47:29	00:46:58
77	2378	Sean	Denvir	M40	Belfast Running Club	10K	00:47:34	00:47:28
78	2961	Neil	Campbell	MO		10K	00:47:36	00:47:11
79	2679	Gerard	McAdorey	M45		10K	00:47:38	00:47:31
80	2658	Clare	Kennedy	F40	North Down Athletics Club	10K	00:47:39	00:46:59
81	2829	Gavin	ONEill	M40		10K	00:47:45	00:47:26
82	2691	Lyndsey Jayne	Magowan	FO		10K	00:47:46	00:47:40
83	2930	Nigel	Wethers	M55		10K	00:47:58	00:47:44
84	2738	Declan	Mccormick	M55		10K	00:48:00	00:47:48
85	2797	Mark	Mooney	M40		10K	00:48:00	00:47:54
86	2350	Neill	Radford	M35		10K	00:48:04	00:47:46
87	2954	Patrick	Dornan	M35		10K	00:48:04	00:47:58
88	2268	Martin	Coughlan	M45		10K	00:48:07	00:47:44
89	2366	Mark	Crothers	M40		10K	00:48:12	00:48:03
90	2214	David	Blair	MO		10K	00:48:13	00:47:48
91	2395	Martin	Duggan	M35	Newcastle AC	10K	00:48:15	00:48:10
92	2363	Richard	Watt	M40		10K	00:48:19	00:48:15
93	2935	Vici	Winters	F35		10K	00:48:29	00:48:20
94	2888	Thomas	STEELE	M35		10K	00:48:34	00:48:05
95	2900	Michael	Taylor	M45	North Down A C	10K	00:48:37	00:48:31
96	2921	David	Wallace	M40	Mourne Runners	10K	00:48:42	00:48:32
97	2701	Nigel	Martin	M50	Scrabo Striders	10K	00:48:46	00:48:37
98	2609	Neil	Hanley	MO		10K	00:48:52	00:48:08
99	2762	Adam	McKee	MO	Ballydrain Harriers	10K	00:48:57	00:48:49

100	2606	Geoff	Hamilton	M50	Dunboyne AC	10K	00:48:58	00:48:46
101	2257	Shannon	Clegg	F35	Scrabo Striders	10K	00:48:59	00:48:49
102	2373	Padraig	Cusack	M40		10K	00:49:00	00:48:56
103	2764	Gerard	Mckenna	M50		10K	00:49:05	00:48:53
104	2239	URSULA	CAMPBELL	F45		10K	00:49:09	00:48:55
105	2588	Gordon	Glenn	M45	North Belfast Harriers	10K	00:49:30	00:48:39
106	2570	Jimmy	Fay	M45		10K	00:49:32	00:49:24
107	2364	Mark	Williamson	M50	Grove Running Club	10K	00:49:44	00:49:27
108	2806	Derek	Moss	MO		10K	00:49:44	00:49:18
109	2578	Dave	Fulcher	M60	Murlough	10K	00:49:48	00:49:33
110	2387	Niamh	Donnelly	FO		10K	00:49:50	00:49:37
111	2952	Niall	McGuigan	M40		10K	00:49:50	00:49:45
112	2610	Caroline	Hannan	F40		10K	00:49:56	00:49:45
113	2598	Mervyn	Gregson	M50		10K	00:49:57	00:48:56
114	2674	Andy	Liggett	M50		10K	00:49:58	00:48:58
115	2915	Robbie	Turner	MO		10K	00:50:02	00:49:48
116	2555	Jonathan	Elliott	MO	Jog Moira	10K	00:50:04	00:49:19
117	2227	Sean	Browes	M50		10K	00:50:06	00:49:36
118	2956	Cecelia	Mayes	F35		10K	00:50:07	00:50:01
119	2595	Jonny	Gregg	M45		10K	00:50:12	00:50:08
120	2238	Johnny	Caldwell	MO		10K	00:50:14	00:49:55
121	2600	TONY	Guy	M55	Team runwell	10K	00:50:15	00:49:58
122	2906	Marty	Timlin	M50	St. Peter's AC	10K	00:50:22	00:50:11
123	2832	Matthew	ormesher	M45	PTC	10K	00:50:23	00:49:56
124	2707	Brian	Maltman	M40	East Coast AC	10K	00:50:27	00:50:06
125	2233	Stuart	Burnside	M35		10K	00:50:35	00:50:29
126	2254	Mark	Clague	M55		10K	00:50:36	00:49:56
127	2285	Malcolm	Brown	M40		10K	00:50:36	00:50:18
128	2884	Robert	Smyth	M45		10K	00:50:42	00:50:37
129	2911	Andrew	Topping	M50		10K	00:50:42	00:50:36
130	2255	Hannah	Clancy	FO		10K	00:50:47	00:50:19
131	2809	stephen	mulvenna	M50		10K	00:50:51	00:50:31
132	2388	aidan	donna	M50		10K	00:50:52	00:50:30
133	2982	Jeff	Hamilton	M40		10K	00:50:52	00:49:52
134	2663	Glenn	King	M35	Fitness Factory Lurgan	10K	00:50:53	00:50:34
135	2729	Kerry	McCarroll	F45	Jog Lisburn Running Club	10K	00:50:55	00:50:48
136	2873	Gerard	Shields	M55		10K	00:50:57	00:50:23
137	2883	Pete	Smith	M50		10K	00:51:02	00:50:44
138	2558	Mark	Englefield	M45		10K	00:51:03	00:50:25
139	2709	Paul	McAleenan	MO	N/A	10K	00:51:06	00:50:57
140	2231	Shane	Burdin	MO		10K	00:51:07	00:50:43
141	2714	Keith	McBride	M35	n/a	10K	00:51:09	00:51:04
142	2295	Kevin	Crossley	M45		10K	00:51:11	00:50:58
143	2916	Sam	Uprichard	M40	Tuna TC	10K	00:51:20	00:50:30
144	2725	John	Mccann	M40		10K	00:51:24	00:50:56
145	2969	Ian	McMahon	M35		10K	00:51:24	00:50:33
146	2271	Alistair	Craig	M35		10K	00:51:30	00:50:51
147	2715	Johnny	Mcbride	M40		10K	00:51:34	00:51:02
148	2795	Patrick	Montgomery	MO		10K	00:51:36	00:51:03
149	2929	Chris	Weeks	MO		10K	00:51:37	00:50:33

150	2845	Pete	Power	M45		10K	00:51:38	00:51:32
151	2959	Martin	McGoran	M45		10K	00:51:49	00:51:21
152	2846	Paul	Quinn	M40	Springwell	10K	00:51:50	00:51:39
153	2258	Justin	Clegg	M35	Scрабо Striders	10K	00:51:51	00:51:38
154	2229	Frank	Brown	M55		10K	00:51:55	00:51:27
155	2641	Ian	Johnston	M50		10K	00:51:56	00:51:43
156	2574	kevin	fogarty	M40	Run Anon	10K	00:51:58	00:51:49
157	2868	CHRIS	SCOTT	M35		10K	00:51:59	00:51:46
158	2611	Christopher	Hannon	M35		10K	00:52:03	00:51:25
159	2326	Joanne	Major	F55		10K	00:52:09	00:52:01
160	2260	Gerard	Cochrane	MO		10K	00:52:14	00:51:51
161	2730	Sinead	McCarry	F35		10K	00:52:14	00:51:51
162	2793	Brendan	Miskelly	M45		10K	00:52:16	00:51:33
163	2213	FRED	BLAIR	M60		10K	00:52:17	00:51:51
164	2675	Sean	Looby	M35	Murlough ac	10K	00:52:17	00:52:02
165	2199	Tom	Agnew	MO	North Down Night Panthers	10K	00:52:18	00:52:02
166	2202	Anne-marie	Annett	F35		10K	00:52:20	00:52:13
167	2947	Chris	Brock	M30		10K	00:52:22	00:52:11
168	2960	Martin	Hamill	M45		10K	00:52:22	00:51:54
169	2784	Conor	Mcmullan	MO		10K	00:52:25	00:52:09
170	2917	Kerri	Valentine	FO	Newcastle AC	10K	00:52:25	00:51:53
171	2970	Diarmuid	Murphy	M40		10K	00:52:25	00:51:31
172	2723	Barry	Mccann	M35		10K	00:52:31	00:52:01
173	2896	Matthew	stubberfield	MO	Run-Anon	10K	00:52:31	00:52:20
174	2758	Gerry	Mcguckin	M60		10K	00:52:32	00:52:19
175	2860	Janeet	Rondon	F50		10K	00:52:32	00:52:02
176	2877	David	Simpson	M40		10K	00:52:32	00:52:24
177	2375	Gareth	Davison	MO		10K	00:52:34	00:51:56
178	2605	David	Hamilton	MO	n/a	10K	00:52:37	00:52:31
179	2649	Bronwen	Kearney	F35		10K	00:52:38	00:51:58
180	2333	Colin	McEvoy	M50	North Down Athletics	10K	00:52:39	00:52:02
181	2259	Stephen	Clelland	MO		10K	00:52:41	00:52:26
182	2571	Sarah	Feeney	F45	PACE Running Club	10K	00:52:43	00:52:05
183	2342	Brian	Morrow	M45		10K	00:52:45	00:51:55
184	2599	Stephan	Grossmann	M45		10K	00:52:46	00:52:13
185	2942	Davie	Yarr	M45		10K	00:52:46	00:52:16
186	2243	Alan	Campbell	M45	Fitness Factory Lurgan	10K	00:52:50	00:51:50
187	2322	Patrick	Kennedy	M45		10K	00:52:53	00:52:40
188	2589	Hazel	Glenn	F40		10K	00:52:56	00:52:42
189	2736	Conor	McComish	M50		10K	00:52:59	00:52:24
190	2984	Anthony	McCullough	M30		10K	00:53:03	00:52:11
191	2612	katherine	harkness	FO		10K	00:53:04	00:52:56
192	2197	Adrian	Adrian	M35	Na	10K	00:53:05	00:52:48
193	2928	Stephen John	Weatherup	M40	Team Weavel	10K	00:53:05	00:53:00
194	2263	Chris	Conville	MO	N/A	10K	00:53:11	00:52:57
195	2983	Adrian	mcNamara	M45		10K	00:53:11	00:52:51
196	2601	Peter	Guy	M55		10K	00:53:12	00:52:51
197	2971	Mark	Riddell	M35		10K	00:53:14	00:53:03
198	2827	Kevin	O'Leary	M35		10K	00:53:16	00:52:31
199	2922	william	wallace	M40	BARF	10K	00:53:21	00:53:12

200	2742	Ruth	McDade	FO	Team Gazelle Belfast	10K	00:53:25	00:53:06
201	2782	Nigel	McMorris	M55		10K	00:53:27	00:52:45
202	2602	Matt	Hail	M35		10K	00:53:31	00:53:11
203	2951	Gary	Kidney	M50	BST	10K	00:53:31	00:53:18
204	2237	Grant	Caddy	M45		10K	00:53:35	00:53:27
205	2246	Norma	Campbell	FO	GC Running	10K	00:53:39	00:53:32
206	2867	Stan	Scott	M60	Jog Lisburn Running Club	10K	00:53:39	00:52:58
207	2608	RICHARD	HAND	M55	DROMORE AC	10K	00:53:40	00:52:51
208	2964	Helen	Cassidy	F40	Physio and Co	10K	00:53:51	00:53:45
209	2618	Oonagh	Haughey	F35		10K	00:53:52	00:53:47
210	2560	James	Ervine	M40		10K	00:53:57	00:53:26
211	2633	Patrick	Hughes	M45		10K	00:53:58	00:53:33
212	2646	LOUISE	JONES	F35		10K	00:53:58	00:53:44
213	2779	DON	MCMAHON	M65		10K	00:54:00	00:53:47
214	2823	Stephen	O'Connor	M35		10K	00:54:03	00:53:34
215	2215	Noel	Bloomfield	M50	Mallusk Harriers	10K	00:54:08	00:53:49
216	2365	Sonia	Wilson	F40	Fitness factory	10K	00:54:08	00:53:04
217	2332	Marty	McCullough	M60	Fitness factory	10K	00:54:10	00:53:07
218	2249	Reuben	Carlisle	MO		10K	00:54:18	00:53:38
219	2369	Terence	Cunningham	M45		10K	00:54:18	00:53:45
220	2804	Mark	Morrison	M45		10K	00:54:18	00:54:07
221	2221	Ciara	Bradley	F50		10K	00:54:20	00:53:45
222	2296	Noel	Culbert	M35	Lisburn Tri Club	10K	00:54:24	00:53:42
223	2597	Joel	Gregson	MO		10K	00:54:24	00:53:23
224	2986	Ceri	Cashell	F40		10K	00:54:25	00:53:43
225	2946	Graham	Serggant	M50		10K	00:54:30	00:54:19
226	2934	Richard	Wilson	M35		10K	00:54:31	00:53:52
227	2319	Alister 'eat the hills'	Jones	M45	Premature Acceleration	10K	00:54:32	00:53:59
228	2275	James	Crawford	M50		10K	00:54:34	00:54:18
229	2871	Oliver	Seeger	MO	Scrabo striders	10K	00:54:36	00:54:01
230	2654	Deirdre	Kelly	F45	Newry City Runners	10K	00:54:38	00:53:56
231	2657	Gareth Kennedy	Kennedy	MO		10K	00:54:40	00:54:17
232	2661	Sarah	Kieran	FO	North East Runners	10K	00:54:43	00:54:18
233	2577	Sharon	Frazer	F45	None	10K	00:54:46	00:54:07
234	2669	Nicola	Leddy	F45		10K	00:54:47	00:54:09
235	2594	Jamie	Green	MO		10K	00:54:48	00:54:11
236	2682	Piotr	Macnar	M35		10K	00:54:49	00:54:12
237	2307	Ian	Frazer	MO	Scrabo Striders	10K	00:54:50	00:53:48
238	2780	Joe	McMahon	M60	Murlough AC	10K	00:54:58	00:54:42
239	2941	Katherine	Yarr	F35		10K	00:55:00	00:54:21
240	2206	Damien	Barr	M35	Free Derry Munich Runners	10K	00:55:04	00:54:31
241	2291	Gareth	Clarke	MO		10K	00:55:05	00:54:29
242	2836	Steven	Park	M40		10K	00:55:06	00:54:36
243	2869	Geoff	Scott	MO		10K	00:55:07	00:54:32
244	2977	Clare	Carson	FO	Dromore AC	10K	00:55:09	00:54:15
245	2966	Banszky	Tamas	M40		10K	00:55:12	00:54:31
246	2382	Hugh	Dickson	M60		10K	00:55:18	00:54:40
247	2383	Jefferene	Dickson	F40		10K	00:55:18	00:54:41
248	2398	Maxine	Dynes	FO	Ballygalget ac	10K	00:55:19	00:55:05
249	2672	Richard	Lennon	M35		10K	00:55:20	00:55:06

250	2761	Bert	McKay	M35		10K	00:55:22	00:55:13
251	2311	Olivia	Godfrey	FO		10K	00:55:30	00:55:22
252	2573	Anthony	Fleming	M40	North Belfast Harriers	10K	00:55:30	00:55:03
253	2640	Diana	Johnston	F45	Mourne runners	10K	00:55:30	00:54:37
254	2351	Owen	Fulton	M35	Mallusk Harriers	10K	00:55:31	00:55:07
255	2362	Noel	Walsh	M35		10K	00:55:32	00:54:58
256	2704	Nicola	Mathers	F35	Murlough AC	10K	00:55:34	00:55:22
257	2735	Vincent	McCloyey	M35		10K	00:55:36	00:54:36
258	2586	Michael	Honeyman	M50	Scrabo Striders	10K	00:55:37	00:54:46
259	2209	John	Beggs	M50	North Belfast harriers	10K	00:55:38	00:55:11
260	2225	Andy	Bridge	M55	BARF	10K	00:55:39	00:54:49
261	2282	Darren	Ballentine	M45	Premature Acceleration	10K	00:55:44	00:55:11
262	2585	Graham	Glass	M40		10K	00:55:45	00:55:13
263	2664	Kathy	Knox	F50	JLRC	10K	00:55:46	00:54:58
264	2765	Kathy	Mckenna	FO		10K	00:55:49	00:55:11
265	2343	John	Mulgrew	M40		10K	00:55:58	00:55:22
266	2963	Karen	McGarvey	F45		10K	00:56:01	00:55:52
267	2195	Sarah	Addis	FO		10K	00:56:03	00:55:47
268	2852	Brian	Reed	M50		10K	00:56:13	00:55:44
269	2613	Ruth	Harkness	F35	Pensby runners	10K	00:56:17	00:55:36
270	2205	Tim	Baker	MO		10K	00:56:18	00:56:10
271	2630	Catherine	Hood	F45		10K	00:56:19	00:55:37
272	2297	Majella	Culbert	F35		10K	00:56:22	00:55:41
273	2644	Shirley	Johnston	F40	Dromore AC	10K	00:56:25	00:55:48
274	2876	Fionnuala	Simons	FO		10K	00:56:28	00:55:53
275	2844	Laurence	Poots	M50		10K	00:56:31	00:55:38
276	2248	Janet	Campbell	F45		10K	00:56:34	00:56:14
277	2623	Edward	Henry	MO	None	10K	00:56:37	00:56:17
278	2665	Jason	Lanyon	M45		10K	00:56:43	00:56:24
279	2556	Heather	Emerson	F60		10K	00:56:46	00:56:36
280	2557	Lee	Emerson	FO		10K	00:56:46	00:56:36
281	2794	Peter	Moffett	M45		10K	00:56:51	00:56:28
282	2662	David	Kilner	M45		10K	00:56:52	00:55:52
283	2862	Scott	Rutherford	MO		10K	00:56:52	00:56:18
284	2647	Anne	Kane	F55		10K	00:56:53	00:56:33
285	2312	Robert	GRAYSON	M55		10K	00:56:54	00:56:25
286	2567	GRAEME	FARRINGTON	M35		10K	00:56:59	00:56:34
287	2696	Niall	Malone	M45		10K	00:56:59	00:56:10
288	2703	Conor	Martin	M35		10K	00:57:01	00:56:09
289	2638	Joanne	Jamison	F40		10K	00:57:06	00:56:41
290	2235	Jennifer	Butler	F40	Mallusk Harriers	10K	00:57:07	00:56:48
291	2270	Denise	Cowan	F35		10K	00:57:07	00:56:33
292	2718	Joan	McCabe	F50		10K	00:57:09	00:56:34
293	2693	Sarah	Malcolmson	F35	Ballydrain Harriers	10K	00:57:10	00:56:33
294	2777	Jenny	Mcleigh	F45		10K	00:57:12	00:56:50
295	2284	Charise	Boal	F35	Ballydrain Harriers	10K	00:57:14	00:56:53
296	2341	Debbie	Mingout	F40	Ballydrain Harriers	10K	00:57:15	00:56:54
297	2702	Amanda	Martin	F50	Scrabo Striders	10K	00:57:18	00:57:06
298	2349	Brian	Prior	M45		10K	00:57:25	00:56:49
299	2727	MICHELLE	MCCANN	F45	Murlough AC	10K	00:57:29	00:57:17

300	2622	Julie	Henry	F40		10K	00:57:30	00:56:52
301	2834	Victoria	Orr	F40		10K	00:57:33	00:56:53
302	2799	Diane	Moore	F50	RunFit	10K	00:57:37	00:57:25
303	2914	Lena	Turner	FO		10K	00:57:37	00:57:22
304	2705	kathy	mayhew	F50	Dub Runners	10K	00:57:38	00:57:18
305	2261	Niall	Cochrane	MO	Marathon Club Ireland	10K	00:57:42	00:57:15
306	2810	colin	murdy	M45		10K	00:57:43	00:56:59
307	2849	martin	rawlinson	M55	Murlough AC	10K	00:57:45	00:57:24
308	2819	Judith	Nixon	F45	Dromore AC	10K	00:57:47	00:57:08
309	2192	Ursula	McConville	F50		10K	00:57:48	00:56:48
310	2807	David	Mullan	M40	Mallusk Harriers	10K	00:57:50	00:56:45
311	2808	Catherine	Mullan	F40		10K	00:57:51	00:56:46
312	2731	Craig	McCauley	M40	Mourne runners	10K	00:57:56	00:57:29
313	2743	Emma	McDade	F35		10K	00:58:10	00:57:51
314	2603	sinead	Hamill	F40	Jog Lisburn Running Club	10K	00:58:14	00:57:25
315	2252	Roisin	Catney	F40		10K	00:58:17	00:57:35
316	2684	Martina	Madden	F40		10K	00:58:18	00:57:48
317	2656	Iryna	Kennedy	F50	Lagan Valley AC	10K	00:58:22	00:57:49
318	2898	Jose	tavares	M35		10K	00:58:23	00:57:32
319	2695	Renata	malone	F45		10K	00:58:25	00:57:36
320	2909	Lynne	Todd	F35		10K	00:58:32	00:58:19
321	2582	Simon	Gilkinson	M40	Fitness Factory	10K	00:58:33	00:57:34
322	2636	Sandra	Hunter	F40	Acorns AC	10K	00:58:33	00:57:47
323	2778	Paul	Mcloughlin	M40		10K	00:58:37	00:57:39
324	2880	Allen	Sloan	M35		10K	00:58:39	00:57:38
325	2300	PETER	DAVISON	M50		10K	00:58:40	00:57:47
326	2294	Lloyd	Crawford	M50		10K	00:58:42	00:58:01
327	2847	Keith	Rafferty	M35	Krafferty@live.ie	10K	00:58:42	00:57:46
328	2303	Jason	Fisher	M45	FBRC	10K	00:58:44	00:58:03
329	2306	Nikki	Fleck	F40	Mallusk Harriers	10K	00:58:44	00:58:20
330	2337	Colin	McManus	M40		10K	00:58:49	00:58:06
331	2708	Denise	McAlarney	F45	Murlogh AC	10K	00:58:49	00:58:30
332	2194	Martin	Adams	M35		10K	00:58:51	00:57:50
333	2716	Jonathan	Mcbride	M40		10K	00:58:55	00:58:39
334	2981	Glynis	Poots	F40		10K	00:58:55	00:58:40
335	2968	Sarah-Louise	Baird	FO		10K	00:58:58	00:58:41
336	2217	Catherine	Boyd	F35	Mallusk Harriers	10K	00:58:59	00:58:37
337	2864	Diarmuid	Sands	M40		10K	00:59:00	00:58:08
338	2619	Miceal	Haughian	MO	Murlough AC	10K	00:59:02	00:58:31
339	2957	Steven	Magennis	M40	Corrigan AC	10K	00:59:02	00:58:06
340	2711	john	mcallister	M45	Corrigan Ac	10K	00:59:03	00:58:07
341	2866	Desiree	Schliemann	FO		10K	00:59:03	00:58:52
342	2686	Robert	Magee	M60	None	10K	00:59:04	00:58:22
343	2596	Claire	Gregory	FO		10K	00:59:05	00:58:20
344	2891	Joseph	Stewart	M70	jog lisburn	10K	00:59:06	00:58:28
345	2897	Paula	Tavares	F40		10K	00:59:09	00:58:19
346	2773	Donna	Mckinney	F40		10K	00:59:13	00:58:38
347	2756	Lee	McGready	M35		10K	00:59:16	00:58:09
348	2276	Pauline	Crompton	F55	Dromore AC	10K	00:59:23	00:58:45
349	2568	Christopher	Farrington	M35		10K	00:59:31	00:59:06

350	2791	Michelle	Messom	F35	Ballydrain harrier	10K	00:59:31	00:59:09
351	2892	Martin	Stewart	M35	jog lisburn	10K	00:59:34	00:59:06
352	2278	Sheena	Crone	F35	scrabo Striders	10K	00:59:39	00:59:17
353	2821	Beranrd	Woods	M30	Jog Lisburn Running Club	10K	00:59:40	00:58:42
354	2222	Paul	Brannigan	M60		10K	00:59:41	00:59:23
355	2893	Louise	Stewart	F35		10K	00:59:42	00:58:58
356	2894	Gary	Strain	M45		10K	00:59:42	00:59:01
357	2813	Mary	Murray	F40		10K	00:59:48	00:59:38
358	2788	Brendan	Mcverry	M40		10K	00:59:58	00:59:02
359	2203	John	Austin	M35		10K	01:00:00	00:59:05
360	2694	Ann	Mallon	F55		10K	01:00:03	00:59:52
361	2283	Alan	Black	M40	Run-Anon	10K	01:00:04	00:59:23
362	2976	Alistair	Carson	M45		10K	01:00:05	00:59:10
363	2803	Caroline	Morris	F40		10K	01:00:09	00:59:28
364	2796	Jill	Montgomery	FO		10K	01:00:10	01:00:05
365	2800	Irvine	Moorehead	M65		10K	01:00:13	00:59:33
366	2889	Norman	Stephens	M55	Ballymena Runners	10K	01:00:14	00:59:28
367	2564	margaret	faith	F35		10K	01:00:20	00:59:31
368	2681	Andy	MacFarlane	M40	Lisburn Triathlon Club	10K	01:00:24	00:59:36
369	2913	Colin	Tucker	M45	Lisburn Triathlon Club	10K	01:00:24	00:59:36
370	2937	Andrea	Woolsey	F45		10K	01:00:28	00:59:36
371	2854	Ruth	Reid	F40		10K	01:00:29	00:59:37
372	2566	david	fannin	M45	craigavon lakers	10K	01:00:31	00:59:28
373	2287	Robert	Browne	M45		10K	01:00:39	01:00:17
374	2831	tracy	ormesher	F50	peninsula tri club	10K	01:00:42	01:00:11
375	2353	tracey	ruane	F45	Newry city runners	10K	01:00:44	01:00:02
376	2211	David	Billings	M45		10K	01:00:48	00:59:50
377	2666	Shenade	Duggan	F35		10K	01:00:50	01:00:39
378	2775	CLIFTON	MCLAUGHLIN	M55	jog lisburn	10K	01:00:51	00:59:52
379	2316	Diane Laverne	Inns	F50	Banbridge Athletics	10K	01:00:52	01:00:35
380	2890	Sharon	Stephens	F50	Ballymena Runners	10K	01:00:54	01:00:08
381	2355	Bronagh	Sawey	F35		10K	01:00:55	01:00:03
382	2932	Victoria	Wightman	FO	Scrabo Striders	10K	01:01:00	01:00:07
383	2837	Caroline	Parsons	F35		10K	01:01:04	01:00:44
384	2645	Claire	Johnston-Thompsor	F40	Banbridge Athletics Club	10K	01:01:05	01:00:48
385	2690	Stuart	Magill	M35		10K	01:01:08	01:00:33
386	2359	Clare	Teer	FO	Mallusk Harriers	10K	01:01:09	01:00:45
387	2927	Joy	Watson	FO		10K	01:01:14	01:00:24
388	2628	Aaron	Hill	M45	Belfast Running Club	10K	01:01:16	01:00:25
389	2321	Julie	Kelly	F40	Seapark AC	10K	01:01:18	01:00:34
390	2584	Joan	Gilmore	F40	None	10K	01:01:25	01:00:47
391	2787	Róisín	McShane	FO	N/A	10K	01:01:49	01:01:23
392	2651	Marc	Kearney	M35		10K	01:01:50	01:00:52
393	2266	Karyn	Cooke	F40	Jog Lisburn	10K	01:01:55	01:00:58
394	2219	Judith	Bracken	F40	Jog Moira	10K	01:01:56	01:01:34
395	2739	Jurgita	McCormick	F35		10K	01:01:56	01:01:39
396	2308	Karen	Fullerton	F45		10K	01:01:58	01:01:15
397	2670	Richard	Lee	M55		10K	01:02:00	01:01:05
398	2559	Hannah	English	F35		10K	01:02:10	01:01:47
399	2579	Hugh	Gallagher	M45		10K	01:02:11	01:01:24



400	2747	Sinead	McDowell	F35		10K	01:02:12	01:01:37
401	2379	Charles	Denvir	MO	Ballygalget AC	10K	01:02:13	01:02:02
402	2301	Patricia	Donnell	F45	Run-Anon	10K	01:02:17	01:01:34
403	2816	Tony	Nellis	M50	Murlough AC	10K	01:02:20	01:01:58
404	2979	Scott	Thompson	MO		10K	01:02:21	01:01:59
405	2771	john	mckevitt	M35		10K	01:02:24	01:01:33
406	2272	Thomas	Craig (Snr)	M55	Larne AC	10K	01:02:29	01:01:43
407	2859	Gemma	Roddy	F40	Ballygalget AC	10K	01:02:31	01:02:19
408	2196	Christopher	Addis	MO		10K	01:02:43	01:02:27
409	2757	shanna	mcgready	FO		10K	01:02:43	01:01:37
410	2352	Paula	Roddy	F35		10K	01:02:46	01:02:33
411	2919	Ed	Vernon	M55		10K	01:02:46	01:02:20
412	2759	MARIA	MCGUIGAN	F45	MURLOUGH AC	10K	01:02:53	01:02:29
413	2790	Tamla	Meridith	F40		10K	01:02:53	01:02:24
414	2374	Ruth	D Capocci	F40	Mojo Fitness	10K	01:02:57	01:01:54
415	2360	Rebecca	Tester	FO	Seapark AC	10K	01:02:58	01:02:37
416	2310	Danielle	Gilmore	FO		10K	01:03:01	01:02:01
417	2781	Jan	McMillan	F55	Saintfield Striders	10K	01:03:02	01:02:23
418	2912	Simon	Trimble	MO	Seapark AC	10K	01:03:02	01:02:16
419	2204	William	Baird	M60	N/A	10K	01:03:10	01:02:06
420	2776	Brian	Mclaughlin	M50		10K	01:03:13	01:02:23
421	2940	Kelly	Wylie	F40	Craigavon Lakers	10K	01:03:13	01:02:11
422	2228	Peter	Brown	M40		10K	01:03:14	01:02:48
423	2789	Naomi	Meeke	FO		10K	01:03:14	01:02:23
424	2304	Lorna	Fitzpatrick	F45	Murlough Athletic club	10K	01:03:19	01:02:48
425	2607	Sarah Marie	Hamilton	F45	Dunboyne AC	10K	01:03:25	01:03:13
426	2208	Linda	Beckett	F50		10K	01:03:29	01:02:54
427	2226	Joanne	Brittain	F35	Scrabo Striders	10K	01:03:31	01:02:45
428	2625	Pauline	Hewitt	F55	Sole Mates	10K	01:03:34	01:03:08
429	2936	Claire	Woods	FO		10K	01:03:34	01:02:39
430	2309	Mark	Gaskin	MO	Club pulse newry	10K	01:03:37	01:02:44
431	2740	Paul	McCorry	M35	Belfast Running Club	10K	01:03:37	01:02:53
432	2755	Jaimie	McGrath	F40		10K	01:03:47	01:03:03
433	2811	joanne	murdy	F45		10K	01:03:47	01:03:03
434	2907	Roisin	Toal	F50		10K	01:03:48	01:02:43
435	2234	Alison	Busby	F35	Scrabo Striders	10K	01:03:57	01:03:10
436	2939	Siobhan	WRIGHT	F55	Belfast running club	10K	01:03:58	01:03:28
437	2621	Pat	Heaney	F55	Jog lisburn	10K	01:04:00	01:03:05
438	2905	Jacklyn	Thompson	F35	Jog Lisburn	10K	01:04:00	01:03:05
439	2895	michael	Stubberfield	M55	runanon	10K	01:04:01	01:03:16
440	2327	judith	mc manus	F35		10K	01:04:11	01:03:18
441	2717	Pauline	McCabe	F40	Ballydrain Harriers	10K	01:04:23	01:03:39
442	2244	Jason	Campbell	M35		10K	01:04:28	01:03:42
443	2245	Elaine	Campbell	F35		10K	01:04:29	01:03:42
444	2345	Amanda	O Flaherty	F40		10K	01:04:32	01:03:26
445	2346	Eoin	O Flaherty	M35		10K	01:04:32	01:03:26
446	2745	fiona	McDonnell	FO		10K	01:04:33	01:03:45
447	2394	Linda	Dugan	F50	Scrabo Striders	10K	01:04:37	01:04:01
448	2839	Lynne	Peoples	F40		10K	01:04:38	01:03:44
449	2978	Susan	Peoples	F45		10K	01:04:38	01:03:44

450	2734	Jane	McClenaghan	F45		10K	01:04:39	01:03:51
451	2210	Kathryn	Beirne	F35	Whitehead Runners	10K	01:04:41	01:04:25
452	2212	Alan	Black	M45		10K	01:04:47	01:03:55
453	2201	Sharon	Anderson	F40	Fitness Factory	10K	01:04:48	01:03:45
454	2637	TOM	HYNDMAN	M65		10K	01:04:49	01:04:22
455	2817	Chris	Nelson	MO		10K	01:04:52	01:04:43
456	2904	Nicola	Thompson	F35		10K	01:04:53	01:04:28
457	2624	John	Hewitt	M60	Sole Mates	10K	01:04:54	01:04:28
458	2615	Deana	Harvey	F40		10K	01:04:55	01:03:55
459	2273	Davina	Craven	F35	Sole Mates	10K	01:04:58	01:04:31
460	2331	Una	McCallan	FO		10K	01:04:59	01:04:13
461	2390	Elizabeth	Dowler	F40		10K	01:05:00	01:04:48
462	2744	Laura	McDonald	F35	Sole Mates	10K	01:05:01	01:04:34
463	2590	Gary	Graham	M35		10K	01:05:11	01:04:24
464	2902	Fiona	Teague	FO	Belfast Running Club	10K	01:05:11	01:04:22
465	2680	Sonya	Mac	FO		10K	01:05:17	01:04:54
466	2863	Ruth	Sanders	F35		10K	01:05:17	01:04:54
467	2910	Louise	Togneri	F55		10K	01:05:19	01:04:25
468	2833	Sharon	Orr	F45	ballymena runners	10K	01:05:20	01:04:41
469	2920	Andrea	Wallace	F35	Mourne Runners	10K	01:05:32	01:04:37
470	2384	Adrian	Dodds	M45	ballymena runners	10K	01:05:35	01:04:55
471	2634	Karen	Hunter	F50	Ballymena Runners	10K	01:05:35	01:04:55
472	2882	James	Smith	M40		10K	01:05:46	01:04:49
473	2760	Sarah	Mckay	F40	Murlough ac	10K	01:05:49	01:05:18
474	2279	Laura	Crothers	F35		10K	01:06:01	01:05:24
475	2698	Evelyn	Marsh	F35	Newrycity Runners	10K	01:06:05	01:05:14
476	2216	Jillian	Blue	F40		10K	01:06:06	01:05:02
477	2399	Kathryn	Eagleson	F40		10K	01:06:07	01:05:03
478	2719	Andree	McCaffrey	F45	Pace Running Club	10K	01:06:08	01:05:27
479	2290	Leanne	Skillen	F35	Mallusk Harriers	10K	01:06:09	01:05:49
480	2878	Ian	Simpson	M55	Mallusk Harriers	10K	01:06:10	01:05:46
481	2193	Jonathan	Adams	MO		10K	01:06:15	01:05:35
482	2367	Kim	Campbell	F50		10K	01:06:17	01:05:42
483	2881	Kieran	Sloan	MO		10K	01:06:25	01:05:22
484	2974	Shauna	Gibbson	F35	Run-Anon	10K	01:06:26	01:05:38
485	2924	Jackie	Walmsley	F45	Shore to Shore Runners	10K	01:06:29	01:05:42
486	2706	Ann	McAlarney	F55	Murlough AC	10K	01:06:31	01:06:15
487	2726	Edel	McCann	F45		10K	01:06:32	01:05:47
488	2251	Michael	Carson	M50		10K	01:06:33	01:05:35
489	2671	Zoe	Lennon	F55	Pace antrim	10K	01:06:33	01:05:51
490	2700	Christine	Martin	F55		10K	01:06:34	01:05:29
491	2385	Therese	Donnelly	F50		10K	01:06:39	01:05:34
492	2561	Brian	Ewing	M35	Ewing Racing	10K	01:06:39	01:05:41
493	2908	Jill	Todd	FO		10K	01:06:40	01:06:26
494	2593	Michael	Grant	M45		10K	01:06:48	01:06:17
495	2985	Rita	Loughran	F55	Sole Mates	10K	01:06:58	01:06:30
496	2328	Emma	McAlister	FO		10K	01:07:07	01:06:35
497	2828	Maria	O'Loan	F35	QUB Triathlon	10K	01:07:07	01:06:23
498	2329	Ruth	McAlister	FO		10K	01:07:09	01:06:37
499	2918	Rose	Vernon	F60		10K	01:07:18	01:06:53

500	2772	Shannen	Mckibben	FO		10K	01:07:25	01:06:23
501	2242	Mandy	Campbell	F45	Fitness Factory Lurgan	10K	01:07:27	01:06:24
502	2631	Ruth	Hosty	F40	Fitness factory lurgan	10K	01:07:27	01:06:24
503	2338	Michael	Meehan	M40		10K	01:07:29	01:06:46
504	2563	Jonathan	Fairley	M40		10K	01:07:33	01:07:14
505	2652	Patrick	Kearney	MO		10K	01:07:38	01:06:40
506	2320	Julie	Gallagher	F35	Blood sweat & tears	10K	01:07:41	01:07:20
507	2293	Ruth	Crampton	F35		10K	01:07:42	01:07:21
508	2953	Ashleigh	Stoneman	F30		10K	01:07:44	01:07:38
509	2377	noelle	Dean	F60	Jog lisburn running club	10K	01:07:47	01:06:52
510	2315	Patricia	Hogg	F40	Murlough	10K	01:08:09	01:07:51
511	2371	Ashleigh	Currie	FO		10K	01:08:18	01:07:23
512	2842	Deirdre	Phillips	F60	Team Gazelle Belfast	10K	01:08:22	01:08:03
513	2256	Anne Marie	Clarcken	F40	North Belfast Harriers	10K	01:08:23	01:07:55
514	2655	Martin	Kelly	M40	North belfast harriers	10K	01:08:24	01:07:55
515	2370	Lindsay	Cunningham	F35		10K	01:08:33	01:07:46
516	2741	Raymond	McCosh	MO		10K	01:08:40	01:07:59
517	2250	Liz	Carson	F50		10K	01:08:41	01:07:43
518	2769	KATHLEEN	MCKEOWN	FO	jog carrickfergus	10K	01:08:46	01:08:06
519	2265	Charmaine	Cooke	F45		10K	01:08:47	01:08:32
520	2861	Cindy	Rush	F50	Murlough A.C.	10K	01:08:48	01:08:29
521	2767	Jacqueline	McKeown	F50		10K	01:08:50	01:08:34
522	2288	Paula	Burns	F40		10K	01:08:51	01:08:07
523	2642	MATTHEW	JOHNSTON	M40		10K	01:09:02	01:08:23
524	2802	Emma	Morgan	F40		10K	01:09:04	01:08:27
525	2386	Lynn	Donnelly	F50	Dub Runners	10K	01:09:10	01:08:49
526	2302	Kathie	Edwards	F45		10K	01:09:29	01:08:43
527	2749	Dawn	McEvoy	F45	Tribal fitness	10K	01:09:33	01:09:09
528	2688	Elaine	Magee	F35		10K	01:09:34	01:08:58
529	2627	Carol	Hill	F50	Belfast Running Club	10K	01:09:42	01:08:52
530	2689	Claire	Magee	F40	Ormeau Runners	10K	01:09:47	01:08:42
531	2938	Geraldine	workman	F55	Ormeau Runners	10K	01:09:48	01:08:42
532	2393	Anne	Duffy	F40		10K	01:09:50	01:08:43
533	2381	kieran	DEVLIN	M60		10K	01:09:54	01:09:05
534	2668	Orla	Lawson	FO		10K	01:09:54	01:09:05
535	2975	Esther	Bates	F50		10K	01:09:54	01:09:25
536	2840	David	Perry	M45		10K	01:10:00	01:09:43
537	2324	Pat	Leneghan	M55		10K	01:10:01	01:09:30
538	2903	Donna	Teggarty	F45		10K	01:10:14	01:09:25
539	2299	Violet	Davidson	F70	Ballydrain Harriers	10K	01:10:22	01:10:10
540	2313	NIAMH	GRAYSON	FO		10K	01:10:24	01:09:56
541	2857	Jackie	Robinson	F50	Dub runners	10K	01:10:25	01:10:05
542	2746	Jacinta	Casement	F35		10K	01:10:30	01:10:20
543	2361	Darren	Wake	M50		10K	01:10:32	01:10:26
544	2354	Amy	Russell	FO	Jog Lisburn Running Club	10K	01:10:37	01:09:42
545	2822	Irene	Nugent	FO	Jog Lisburn Running Club	10K	01:10:37	01:09:39
546	2392	Melissa	Duddy	FO		10K	01:11:02	01:10:26
547	2653	Nikki	Keery	F40	Scrabo striders	10K	01:11:03	01:10:07
548	2774	James	McKnight	M35	Shore to shore runners	10K	01:11:17	01:10:26
549	2728	Elaine	McCann	F40		10K	01:11:26	01:10:22

550	2269	Ruth	Cousins	F50		10K	01:11:42	01:10:43
551	2838	Keith	Patterson	M45	Orangetrove AC	10K	01:11:49	01:11:12
552	2357	Mollie	simpson	F55		10K	01:11:51	01:10:50
553	2962	Gareth	Craig	M30		10K	01:12:03	01:11:39
554	2751	Caroline	McFarland	F45		10K	01:12:11	01:11:34
555	2236	Vicki	Caddy	F45		10K	01:12:19	01:12:08
556	2710	Gillian	Mcaleer	F45		10K	01:12:23	01:12:05
557	2685	Rachel	Madine	FO		10K	01:12:25	01:11:27
558	2317	William	Irvine	M55		10K	01:13:19	01:12:26
559	2305	Ashleigh	Irvine	FO	Civil Service Phoenix Park	10K	01:13:21	01:12:27
560	2848	Reginald	Rankin	M50		10K	01:13:21	01:12:49
561	2887	Jeyan	Sreekumar	MO		10K	01:13:24	01:12:20
562	2870	Carleen	Seeger	FO	Scrabo striders	10K	01:13:27	01:12:34
563	2277	Angie	Crone	F40	Scrabo Striders	10K	01:13:36	01:13:13
564	2899	martin	taylor	MO		10K	01:13:56	01:13:31
565	2274	david	crawford	M80		10K	01:13:59	01:13:35
566	2358	Andrea	Stafford	F45		10K	01:14:01	01:13:00
567	2697	Catherine	Marmion	F35		10K	01:14:17	01:13:15
568	2853	Sinead	Reel	F35		10K	01:14:17	01:13:15
569	2604	Claire	Hamill	FO	Jog Lisburn Running Club	10K	01:14:18	01:13:23
570	2286	Declan	Brown	M40		10K	01:14:28	01:14:00
571	2220	Paula	Bradley	F40	Ballydrain Harriets	10K	01:14:41	01:13:56
572	2200	Nicky	Alexander	F40	Tbirds	10K	01:15:00	01:14:23
573	2626	Kerry	Hicks	F35	Tbirds	10K	01:15:01	01:14:27
574	2712	Jennifer	McAteer	FO	Newry City Runners	10K	01:15:01	01:14:00
575	2858	Donna	Roddy	FO	Ballygalget AC	10K	01:15:27	01:14:56
576	2673	Jennifer	Liggett	F50	Jog Lisburn Running Club	10K	01:16:22	01:15:23
577	2397	Dermot	Dunne	M35		10K	01:17:28	01:16:34
578	2713	Leanne	McAuley	FO		10K	01:17:30	01:16:35
579	2748	SUSAN	MCELROY	F60		10K	01:18:16	01:17:11
580	2232	Leona	Burns	F45	Shore To Shore Runners	10K	01:18:21	01:17:32
581	2554	Claire	Eakin	F35		10K	01:19:17	01:18:15
582	2575	niamh	fogarty	F35	Run Anon	10K	01:19:18	01:18:30
583	2766	Deirdre	McKenny	F55	Run Anon	10K	01:19:29	01:18:41
584	2587	Kim	Gleave	F55	County anttim harriers	10K	01:21:15	01:20:42
585	2805	Marion	Morrow	F55	County Antrim Harriers	10K	01:21:15	01:20:42
586	2253	Heather	Chestnutt	F55	Pace Runners	10K	01:21:45	01:21:07
587	2376	paul	dawson	M55		10K	01:22:51	01:21:45
588	2616	David	Harvey	M40		10K	01:23:48	01:22:47
589	2872	roisin	sherlock	F40	Run-Anon	10K	01:29:09	01:28:20